

Why Everyone Else Is A Hypocrite Evolution And The Modular Mind Robert Kurzban

Eventually, you will certainly discover a additional experience and expertise by spending more cash. nevertheless when? attain you recognize that you require to acquire those every needs later than having significantly cash? Why dont you attempt to get something basic in the beginning? Thats something that will guide you to comprehend even more regarding the globe, experience, some places, bearing in mind history, amusement, and a lot more?

It is your definitely own grow old to accomplishment reviewing habit. among guides you could enjoy now is **why everyone else is a hypocrite evolution and the modular mind robert kurzban** below.

I Hope They Serve Beer In Hell - Tucker Max 2012-03-01

The "highly entertaining and thoroughly reprehensible" #1 New York Times bestseller—now with sixteen pages of photos and a new introduction (The New York Times). My name is Tucker Max, and I am an asshole. I get excessively drunk at inappropriate times, disregard social norms, indulge every whim, ignore the consequences of my actions, mock idiots and posers, sleep with more women than is safe or reasonable, and just generally act like a raging dickhead. But, I do contribute to humanity in one very important way: I share my adventures with the world. --from the Introduction Actual reader feedback: "I find it truly appalling that there are people in the world like you. You are a disgusting, vile, repulsive, repugnant, foul creature. Because of you, I don't believe in God anymore. No just God would allow someone like you to exist." "I'll stay with God as my lord, but you are my savior. I just finished reading your brilliant stories, and I laughed so hard I almost vomited. I want to bring that kind of joy to people. You're an artist of the highest order and a true humanitarian to boot. I'm in both shock and awe at how much I want to be you."

The Folly of Fool Robert Trivers 2011-10-25

Explores the author's theorized evolutionary basis for self-deception, which he says is tied to group conflict, courtship, neurophysiology, and immunology, but can be negated by awareness of it and its results.

Undeniable - Bill Nye 2014-11-04

Revealing the mechanics of evolutionary theory, the scientist, engineer and inventor presents a compelling argument for the scientific unviability of creationism and insists that creationism's place in the science classroom is harmful not only to our children, but to the future of the greater world as well.

Moral Tribes - Joshua Greene 2014-12-30

"Surprising and remarkable...Toggling between big ideas, technical details, and his personal intellectual journey, Greene writes a thesis suitable to both airplane reading and PhD seminars."—The Boston Globe Our brains were designed for tribal life, for getting along with a select group of others (Us) and for fighting off everyone else (Them). But modern times have forced the world's tribes into a shared space, resulting in epic clashes of values along with unprecedented opportunities. As the world shrinks, the moral lines that divide us become more salient and more puzzling. We fight over everything from tax codes to gay marriage to global warming, and we wonder where, if at all, we can find our common ground. A grand synthesis of neuroscience, psychology, and philosophy, Moral Tribes reveals the underlying causes of modern conflict and lights the way forward. Greene compares the human brain to a dual-mode camera, with point-and-shoot automatic settings ("portrait," "landscape") as well as a manual mode. Our point-and-shoot settings are our emotions—efficient, automated programs honed by evolution, culture, and personal experience. The brain's manual mode is its capacity for deliberate reasoning, which makes our thinking flexible. Point-and-shoot emotions make us social animals, turning Me into Us. But they also make us tribal animals, turning Us against Them. Our tribal emotions make us fight—sometimes with bombs, sometimes with words—often with life-and-death stakes. A major achievement from a rising star in a new scientific field, Moral Tribes will refashion your deepest beliefs about how moral thinking works and how it can work better.

Without Miracles Gary Cziko 1997

Without Miracles describes many remarkable examples of the fit of various structures, behaviors, and products of living organisms to their environments in a broad synthesis of humankind's attempt to understand the emergence of complex, adapted entities.

Lila - Robert Pirsig 2013-11-06

In this bestselling new book, his first in seventeen years, Robert M. Pirsig, author of Zen and the Art of Motorcycle Maintenance, takes us on a poignant and passionate journey as mysterious and compelling as his first life-changing work. Instead of a motorcycle, a sailboat carries his philosopher-narrator Phaedrus down the Hudson River as winter closes in. Along the way he picks up a most unlikely traveling companion: a woman named Lila who in her desperate sexuality, hostility, and oncoming madness threatens to disrupt his life. In Lila Robert M. Pirsig has crafted a unique work of adventure and ideas that examines the essential issues of the nineties as his previous classic did the seventies.

The Myth of Monogamy - David P. Barash 2002-05

A lighthearted survey of monogamy and its variations across the animal kingdom challenges the notion that monogamy occurs naturally, profiling examples of animal infidelity and the instincts behind animal sexual behavior. Reprint. 15,000 first printing.

How the Mind Works - Steven Pinker 2009-06-02

An assessment of human thought and behavior explores conundrums from the mind's ability to perceive three dimensions to the nature of consciousness, in an account that draws on beliefs in cognitive science and evolutionary biology.

Shaping Psychology - Tomasz Witkowski 2020-11-03

Shaping Psychology is a unique collection of in-depth conversations with a selection of the most influential psychologists working today, conducted at the end of a decade that shook psychological science. They provide insights into the controversies at the heart of contemporary psychology, revealing a clash of visions of what psychological science is all about and what its future holds. They are candid on the crisis in psychology and explore its causes, consequences and how to overcome it. They also discuss challenges in the field, their careers, and the experiences that shaped their worldview. Those interviewed include pioneers who have shaped psychology as we know it today and who represent a wide range of specializations, from research to mental health practice, mainstream psychology to critical psychology and neuroscience to the Open Science movement. Elizabeth F. Loftus, Stanford University, USA Jerome Kagan, Harvard University, USA Michael I. Posner, University of Oregon, USA Scott O. Lilienfeld, Emory University, USA Robert J. Sternberg, Cornell University, USA Robert Plomin, King's College London, UK Susan J. Blackmore, University of Plymouth, UK Joseph E. LeDoux, New York University, USA Noam Chomsky, Massachusetts Institute of Technology, USA Roy F. Baumeister, University of Queensland, Australia Erica Burman, University of Manchester, UK Brian A. Nosek, University of Virginia, USA Vikram H. Patel, Harvard Medical School, USA Daniel Kahneman, Princeton University, USA Carol A. Tavris, independent academic, USA,

The Rational Animal - Douglas T. Kenrick 2013-09-10

Why do three out of four professional football players go bankrupt? How can illiterate jungle dwellers pass a test that tricks Harvard philosophers? And why do billionaires work so hard—only to give their hard-earned money away? When it comes to making decisions, the classic view is that humans are eminently rational. But growing evidence suggests instead that our choices are often irrational, biased, and occasionally even moronic. Which view is right—or is there another possibility? In this animated tour of the inner workings of the mind, psychologist Douglas T. Kenrick and business professor Vlaslas Griskevicius

challenge the prevailing views of decision making, and present a new alternative grounded in evolutionary science. By connecting our modern behaviors to their ancestral roots, they reveal that underneath our seemingly foolish tendencies is an exceptionally wise system of decision making. From investing money to choosing a job, from buying a car to choosing a romantic partner, our choices are driven by deep-seated evolutionary goals. Because each of us has multiple evolutionary goals, though, new research reveals something radical—there's more than one "you" making decisions. Although it feels as if there is just one single "self" inside your head, your mind actually contains several different subselves, each one steering you in a different direction when it takes its turn at the controls. The Rational Animal will transform the way you think about decision making. And along the way, you'll discover the intimate connections between ovulating strippers, Wall Street financiers, testosterone-crazed skateboarders, Steve Jobs, Elvis Presley, and you.

The Ape that Understood the Universe - Steve Stewart-Williams 2019-11-21

The Ape that Understood the Universe is the story of the strangest animal in the world: the human animal. It opens with a question: How would an alien scientist view our species? What would it make of our sex differences, our sexual behavior, our altruistic tendencies, and our culture? The book tackles these issues by drawing on two major schools of thought: evolutionary psychology and cultural evolutionary theory. The guiding assumption is that humans are animals, and that like all animals, we evolved to pass on our genes. At some point, however, we also evolved the capacity for culture - and from that moment, culture began evolving in its own right. This transformed us from a mere ape into an ape capable of reshaping the planet, travelling to other worlds, and understanding the vast universe of which we're but a tiny, fleeting fragment. Featuring a new foreword by Michael Shermer.

Game Theory 101: Bargaining William Spaniel 2014-11-24

Tomorrow, you will go to your boss and ask for a raise. You need at least \$20 per hour to stay; your boss is unwilling to pay you any more than \$50. You should reach an agreement-but will the wage be closer to \$20 or \$50? This is the essence of bargaining. Using the same crystal clear logic of the Game Theory 101 series, William Spaniel explains the sources of "bargaining power"-the strength that allows you to successfully demand wages closer to \$50. In doing so, he uncovers the bargaining in everything, including car negotiations, Breaking Bad, Deal or No Deal, McDonald's Monopoly, sports free agency, cable companies, security deposits, war, diamond manufacturing, labor unions, government shutdowns, nuclear showdowns, price fixing, unemployment benefits, legal battles, and police pullovers. With bargaining so pervasive, this is one book you can't afford not to have.

How to Be Single and Happy - Jennifer Taitz 2018-01-16

Single, less stressed, and free If you're tired of swiping through dating apps, ghosting, and hearing well-meaning questions about why you're still single, it's hard not to feel "less-than" because you haven't found your soul mate. Until now. How to Be Single and Happy is an empowering, compassionate guide to stop overanalyzing romantic encounters, get over regrets or guilt about past relationships, and identify what you want and need in a partner. But this isn't just another dating book. Drawing on her extensive expertise as a clinical psychologist, as well as the latest research, hundreds of patient interviews, and key principles in positive psychology, Dr. Jennifer Taitz challenges the most common myths about women and love (like the advice to play hard to get). And while she teaches how to skillfully date, she'll also help you cultivate the mindset, values, and connections that ensure you'll live your best, happiest life, whether single or coupled up.

Exercised Daniel Lieberman 2021-01-05

The book tells the story of how we never evolved to exercise - to do voluntary physical activity for the sake of health. Using his own research and experiences throughout the world, the author recounts how and why humans evolved to walk, run, dig, and do other necessary and rewarding physical activities while avoiding needless exertion. Drawing on insights from biology and anthropology, the author suggests how we can make exercise more enjoyable, rather than shaming and blaming people for avoiding it

The Shape of Thought - H. Clark Barrett 2015

'The Shape of Thought' presents a road map for an evolutionary psychology of the twenty-first century. It shows how the brain can be both a complexly specialized organ and a dynamic and flexible self-organizing

system, shaped by learning and culture.

The Hypocrite World (Your Daily Journal) 2020-05-19

Let your thoughts and words take root within the pages of this elegant journal! Inside you'll find plenty of space for personal reflection, sketching, or jotting down favorite quotes and poems. Lightly lined, acid-free archival-quality paper takes pen or pencil beautifully. Popular small-format size -- 6 inches wide by 9 inches high -- fits easily in most bags and backpacks. Convenient inside back cover pocket for notes, reminders, business cards, and more. Distinctive cover design features artistic feature and inspirational look. Raised embossing lends a dimensional effect. 120 pages.

The Foundations of Buddhism - Rupert Gethin 1998-07-16

In this introduction to the foundations of Buddhism, Rupert Gethin concentrates on the ideas and practices which constitute the common heritage of the different traditions of Buddhism (Thervada, Tibetan and Eastern) which exist in the world today.

The Happiness Hypothesis - Jonathan Haidt 2006-12-26

The bestselling author of *The Righteous Mind* and *The Coddling of the American Mind* draws on philosophical wisdom and scientific research to show how the meaningful life is closer than you think. The Happiness Hypothesis is a book about ten Great Ideas. Each chapter is an attempt to savor one idea that has been discovered by several of the world's civilizations -- to question it in light of what we now know from scientific research, and to extract from it the lessons that still apply to our modern lives and illuminate the causes of human flourishing. Award-winning psychologist Jonathan Haidt, the author of *The Righteous Mind* and *The Coddling of the American Mind*, shows how a deeper understanding of the world's philosophical wisdom and its enduring maxims -- like "do unto others as you would have others do unto you," or "what doesn't kill you makes you stronger" -- can enrich and even transform our lives.

Game Theory 101: the Rationality of War - William Spaniel 2014-08-06

William Spaniel, author of *Game Theory 101: The Complete Textbook*, returns with a compelling exploration of the origins of war. Using the same crystal clear logic of the Game Theory 101 series, he investigates important questions about war, including: Can two perfectly intelligent, perfectly unbiased leaders still send their countries to war with each other? Why has Iran taken its nuclear program underground (literally)? Why did the United States--the clear victors of the Spanish-American War--nevertheless write a check for more than \$500 million to make Spain surrender? Why do most interstate wars end in peaceful compromise and not the military defeat of one side? Why do virtually all civil wars end the opposite way, and what makes the few peacefully settled civil wars different from the rest? How do nuclear weapons--humanity's deadliest creations--paradoxically keep the peace? Why is war the worst possible outcome of a crisis negotiation? What is the difference between preventive and preemptive war, and why on earth does the media use these terms interchangeably? Why are states as trustworthy as poker players at the bargaining table? Why do states willingly pick fights with stronger opponents and yet pacify weaker opponents? William Spaniel answers these questions by constructing game theoretical models of crisis bargaining. Fully illustrated, with more than 100 images, *The Rationality of War* will make you rethink everything you "know" about political violence. As consumers and producers of war, it is a must read for any citizen of a liberal democracy.

Sex, Murder, and the Meaning of Life - Douglas T Kenrick 2011-04-26

"Kenrick writes like a dream." -- Robert Sapolsky, Professor of Biology and Neurology, Stanford University; author of *A Primate's Memoir* and *Why Zebras Don't Get Ulcers* What do sex and murder have to do with the meaning of life? Everything. In *Sex, Murder, and the Meaning of Life*, social psychologist Douglas Kenrick exposes the selfish animalistic underside of human nature, and shows how it is intimately connected to our greatest and most selfless achievements. Masterfully integrating cognitive science, evolutionary psychology, and complexity theory, this intriguing book paints a comprehensive picture of the principles that govern our lives. As Kenrick divulges, beneath our civilized veneer, human beings are a lot like howling hyenas and barking baboons, with heads full of homicidal tendencies and sexual fantasies. But, in his view, many ingrained, apparently irrational behaviors -- such as inclinations to one-night stands, racial prejudices, and conspicuous consumption -- ultimately manifest what he calls "Deep Rationality." Although our heads are full of simple selfish biases that evolved to help our ancestors survive, modern

human beings are anything but simple and selfish cavemen. Kenrick argues that simple and selfish mental mechanisms we inherited from our ancestors ultimately give rise to the multifaceted social lives that we humans lead today, and to the most positive features of humanity, including generosity, artistic creativity, love, and familial bonds. And out of those simple mechanisms emerge all the complexities of society, including international conflicts and global economic markets. By exploring the nuance of social psychology and the surprising results of his own research, Kenrick offers a detailed picture of what makes us caring, creative, and complex -- that is, fully human. Illuminated with stories from Kenrick's own colorful experiences -- from his criminally inclined shantytown Irish relatives, his own multiple high school expulsions, broken marriages, and homicidal fantasies, to his eventual success as an evolutionary psychologist and loving father of two boys separated by 26 years -- this book is an exploration of our mental biases and failures, and our mind's great successes. Idiosyncratic, controversial, and fascinating, *Sex, Murder, and the Meaning of Life* uncovers the pitfalls and promise of our biological inheritance.

[Wired for Story](#) - Lisa Cron 2012-07-10

This guide reveals how writers can utilize cognitive storytelling strategies to craft stories that ignite readers' brains and captivate them through each plot element. Imagine knowing what the brain craves from every tale it encounters, what fuels the success of any great story, and what keeps readers transfixed.

Wired for Story reveals these cognitive secrets—and it's a game-changer for anyone who has ever set pen to paper. The vast majority of writing advice focuses on "writing well" as if it were the same as telling a great story. This is exactly where many aspiring writers fail—they strive for beautiful metaphors, authentic dialogue, and interesting characters, losing sight of the one thing that every engaging story must do: ignite the brain's hardwired desire to learn what happens next. When writers tap into the evolutionary purpose of story and electrify our curiosity, it triggers a delicious dopamine rush that tells us to pay attention. Without it, even the most perfect prose won't hold anyone's interest. Backed by recent breakthroughs in neuroscience as well as examples from novels, screenplays, and short stories, *Wired for Story* offers a revolutionary look at story as the brain experiences it. Each chapter zeroes in on an aspect of the brain, its corresponding revelation about story, and the way to apply it to your storytelling right now.

Mistakes Were Made (but Not by Me) Carol Tavris 2013

Why do people dodge responsibility when things fall apart? Why the parade of public figures unable to own up when they make mistakes? Why the endless marital quarrels over who is right? Why can we see hypocrisy in others but not in ourselves? Are we all liars? Or do we really believe the stories we tell?

Renowned social psychologists Carol Tavris and Elliot Aronson take a compelling look into how the brain is wired for self-justification. When we make mistakes, we must calm the cognitive dissonance that jars our feelings of self-worth. And so we create fictions that absolve us of responsibility.

This Life Or the Next - Demian Vitanza 2018-10

From award-winning author Demian Vitanza comes a groundbreaking novel--his first to be translated into English--about one man's alienation, radicalization, and disillusionment on the violent front lines in Syria. Tariq Khan is a Pakistani born and raised in Norway. An outsider in his own country--adrift between two worlds divided by class, race, and culture--he's always been searching for home. Alongside a flock of other streetwise young men, each looking for direction and each easily susceptible, Tariq finds his cause in the Muslim revival. Idealistic, driven by faith, and empowered with purpose, he's drawn to radical Islam--his last resort for achieving a sense of belonging, for embracing and being embraced. It's only when he enlists in the war against Assad that Tariq's eyes are truly opened. Dispirited with the violence, faced with the consequences of his choices, and increasingly distanced by the brutalities of jihad, Tariq contends with spiritual struggles that are his alone. So are the stories he will tell to make sense of his life. In this daring and unprecedented work of literary fiction, Demian Vitanza explores the power of memory, the lure of rebellion, the search for meaning amid chaos--and the toll that such a journey can take before finally finding one's way home.

[The Secret History of Wonder Woman](#) - Jill Lepore 2015-07-07

Within the origin of one of the world's most iconic superheroes hides a fascinating family story—and a crucial history of feminism in the twentieth-century. "Everything you might want in a page-turner ... skeletons in the closet, a believe-it-or-not weirdness in its biographical details, and something else that

secretly powers even the most "serious" feminist history—fun." —Entertainment Weekly *The Secret History of Wonder Woman* is a tour de force of intellectual and cultural history. *Wonder Woman*, Jill Lepore argues, is the missing link in the history of the struggle for women's rights—a chain of events that begins with the women's suffrage campaigns of the early 1900s and ends with the troubled place of feminism a century later. Lepore, a Harvard historian and *New Yorker* staff writer, has uncovered an astonishing trove of documents, including the never-before-seen private papers of *Wonder Woman*'s creator, William Moulton Marston. The Marston family story is a tale of drama, intrigue, and irony. In the 1920s, Marston and his wife brought into their home Olive Byrne, the niece of Margaret Sanger, one of the most influential feminists of the twentieth century. Even while celebrating conventional family life in a regular column that Marston and Byrne wrote for *Family Circle*, they themselves pursued lives of extraordinary nonconformity. Marston, internationally known as an expert on truth—he invented the lie detector test—lived a life of secrets, only to spill them on the pages of *Wonder Woman*. Includes a new afterword with fresh revelations based on never before seen letters and photographs from the Marston family's papers, and 161 illustrations and 16 pages in full color.

God Help the Child - Toni Morrison 2015-04-21

NATIONAL BESTSELLER • A New York Times Notable Book • This fiery and provocative novel from the acclaimed Nobel Prize winner weaves a tale about the way the sufferings of childhood can shape, and misshape, the life of the adult. At the center: a young woman who calls herself Bride, whose stunning blue-black skin is only one element of her beauty, her boldness and confidence, her success in life, but which caused her light-skinned mother to deny her even the simplest forms of love. There is Booker, the man Bride loves, and loses to anger. Rain, the mysterious white child with whom she crosses paths. And finally, Bride's mother herself, Sweetness, who takes a lifetime to come to understand that "what you do to children matters. And they might never forget."

Why Everyone (Else) Is a Hypocrite - Robert Kurzban 2011-01-03

The evolutionary psychology behind human inconsistency We're all hypocrites. Why? Hypocrisy is the natural state of the human mind. Robert Kurzban shows us that the key to understanding our behavioral inconsistencies lies in understanding the mind's design. The human mind consists of many specialized units designed by the process of evolution by natural selection. While these modules sometimes work together seamlessly, they don't always, resulting in impossibly contradictory beliefs, vacillations between patience and impulsiveness, violations of our supposed moral principles, and overinflated views of ourselves. This modular, evolutionary psychological view of the mind undermines deeply held intuitions about ourselves, as well as a range of scientific theories that require a "self" with consistent beliefs and preferences. Modularity suggests that there is no "I." Instead, each of us is a contentious "we"--a collection of discrete but interacting systems whose constant conflicts shape our interactions with one another and our experience of the world. In clear language, full of wit and rich in examples, Kurzban explains the roots and implications of our inconsistent minds, and why it is perfectly natural to believe that everyone else is a hypocrite.

[Knowing Right From Wrong](#) - Kieran Setiya 2012-11-29

Can we have objective knowledge of right and wrong, of how we should live and what there is reason to do? Can it be anything but luck when our beliefs are true? Kieran Setiya confronts these questions in their most compelling and articulate forms, and argues that if there is objective ethical knowledge, human nature is its source.

[The Consequences of Decision-Making](#) - Nils Brunsson 2007-01-18

Nils Brunsson is one of the leading European organization theorists who has written and researched decision-making in organizations. He has often questioned the rationality of decision-making, and argued that it is as important to understand other consequences of decision-making apart from choice - such things as mobilizing action, allocating responsibility, and legitimizing organizations. These consequences of decisions can influence decision-making and the assumptions about feasible norms that provide their context. Decisions often run counter to actions and are part of what Brunsson calls organizational hypocrisy. Decisions can substitute for action, or decrease the probability of the action they call for. The norm of rationality is far from obvious: sometimes decision-makers can recommend systematic

irrationality. This book collects together a wide-range of Nils Brunsson's most important writing on decision-making, brought together in one volume for the first time, with an introduction from the author.

[The Myth of Experience](#) - Emre Soyer 2020-09-01

Experience is a great teacher—except when it isn't. Our personal experience is key to who we are and what we do. We judge others by their experience and are judged by ours. Society venerates experience. From doctors to teachers to managers to presidents, the more experience the better. It's not surprising then, that we often fall back on experience when making decisions, an easy way to make judgements about the future, a constant teacher that provides clear lessons. Yet, this intuitive reliance on experience is misplaced. In *The Myth of Experience*, behavioral scientists Emre Soyer and Robin Hogarth take a transformative look at experience and the many ways it deceives and misleads us. From distorting the past to limiting creativity to reducing happiness, experience can cause misperceptions and then reinforce them without our awareness. Instead, the authors argue for a nuanced approach, where a healthy skepticism toward the lessons of experience results in more reliable decisions and sustainable growth. Soyer and Hogarth illustrate the flaws of experience—with real-life examples from bloodletting to personal computers to pandemics—and distill cutting-edge research as a guide to decision-making, as well as provide the remedies needed to improve our judgments and choices in the workplace and beyond.

[Us and Them](#) - David Berreby 2006

US AND THEM: Understanding your tribal mind reveals how and why we convince ourselves that we belong to differing human kinds - tribe-type categories like races, religions, classes, street gangs and high school cliques. Why do we see these divisions? Why do we care about them so much? Why do we kill and die for them? We see it every day on the news. Why have high schools in the US become killing zones? Why does strife continue in Northern Ireland? How do terrorists learn to torture and kill anyone who isn't one of them? *Members Only* answers these questions by looking at their common root in human nature. Politics and culture are invoked, of course, but the heart of the book is the individual mind. David Berreby describes how each person creates their own mind map, identifies others with similar mind maps and ostracises all those who are different. Based in solid scientific research, David Berreby exposes new discoveries about the mind and brain that will eventually overturn many of our familiar notions about human kinds and how we perceive them. This is a crucial subject that touches all of our lives in ways both large and small, obvious and subtle. Human kind thinking is part of human nature.

A New Earth - Eckhart Tolle 2006-08-29

The 10th anniversary edition of *A New Earth* with a new preface by Eckhart Tolle. With his bestselling spiritual guide *The Power of Now*, Eckhart Tolle inspired millions of readers to discover the freedom and joy of a life lived “in the now.” In *A New Earth*, Tolle expands on these powerful ideas to show how transcending our ego-based state of consciousness is not only essential to personal happiness, but also the key to ending conflict and suffering throughout the world. Tolle describes how our attachment to the ego creates the dysfunction that leads to anger, jealousy, and unhappiness, and shows readers how to awaken to a new state of consciousness and follow the path to a truly fulfilling existence. Illuminating, enlightening, and uplifting, *A New Earth* is a profoundly spiritual manifesto for a better way of life—and for building a better world.

The Hidden Agenda of the Political Mind - Jason Weeden 2014-10-05

Why your political views are more self-serving than you think When it comes to politics, we often perceive our own beliefs as fair and socially beneficial, while seeing opposing views as merely self-serving. But in fact most political views are governed by self-interest, even if we usually don't realize it. Challenging our fiercely held notions about what motivates us politically, this book explores how self-interest divides the public on a host of hot-button issues, from abortion and the legalization of marijuana to same-sex marriage, immigration, affirmative action, and income redistribution. Expanding the notion of interests beyond simple economics, Jason Weeden and Robert Kurzban look at how people's interests clash when it comes to their sex lives, social status, family, and friends. Drawing on a wealth of data, they demonstrate how different groups form distinctive bundles of political positions that often stray far from what we typically think of as liberal or conservative. They show how we engage in unconscious rationalization to justify our political positions, portraying our own views as wise, benevolent, and principled while casting our opponents' views

as thoughtless and greedy. While many books on politics seek to provide partisans with new ways to feel good about their own side, *The Hidden Agenda of the Political Mind* illuminates the hidden drivers of our politics, even if it's a picture neither side will find flattering.

Succeed - Heidi Grant Halvorson, Ph.D. 2011-12-27

Do you ever wonder how some people make success look so simple? In *Succeed*, award-winning social psychologist Heidi Grant Halvorson offers counterintuitive insights, illuminating stories, and science-based information that can help anyone: • Set a goal to pursue even in the face of adversity • Build willpower, which can be strengthened like a muscle • Avoid the kind of positive thinking that makes people fail Whether you want to motivate your kids, your employees, or just yourself, *Succeed* unlocks the secrets of achievement, and shows you how to create new possibilities in every area of your life.

The Righteous Mind Jonathan Haidt 2013-02-12

NEW YORK TIMES BESTSELLER • The acclaimed social psychologist challenges conventional thinking about morality, politics, and religion in a way that speaks to conservatives and liberals alike—a “landmark contribution to humanity’s understanding of itself” (The New York Times Book Review). Drawing on his twenty-five years of groundbreaking research on moral psychology, Jonathan Haidt shows how moral judgments arise not from reason but from gut feelings. He shows why liberals, conservatives, and libertarians have such different intuitions about right and wrong, and he shows why each side is actually right about many of its central concerns. In this subtle yet accessible book, Haidt gives you the key to understanding the miracle of human cooperation, as well as the curse of our eternal divisions and conflicts. If you’re ready to trade in anger for understanding, read *The Righteous Mind*.

Should We Eat Meat? - Vaclav Smil 2013-03-18

Meat eating is often a contentious subject, whether considering the technical, ethical, environmental, political, or health-related aspects of production and consumption. This book is a wide-ranging and interdisciplinary examination and critique of meat consumption by humans, throughout their evolution and around the world. Setting the scene with a chapter on meat’s role in human evolution and its growing influence during the development of agricultural practices, the book goes on to examine modern production systems, their efficiencies, outputs, and impacts. The major global trends of meat consumption are described in order to find out what part its consumption plays in changing modern diets in countries around the world. The heart of the book addresses the consequences of the “massive carnivory” of western diets, looking at the inefficiencies of production and at the huge impacts on land, water, and the atmosphere. Health impacts are also covered, both positive and negative. In conclusion, the author looks forward at his vision of “rational meat eating”, where environmental and health impacts are reduced, animals are treated more humanely, and alternative sources of protein make a higher contribution. *Should We Eat Meat?* is not an ideological tract for or against carnivorousness but rather a careful evaluation of meat's roles in human diets and the environmental and health consequences of its production and consumption. It will be of interest to a wide readership including professionals and academics in food and agricultural production, human health and nutrition, environmental science, and regulatory and policy making bodies around the world.

Alchemy - Rory Sutherland 2019-05-07

‘A breakthrough book. Wonderfully applicable to everything in life, and funny as hell.’ Nassim Nicholas Taleb Why is Red Bull so popular – even though everyone hates the taste? Why do countdown boards on platforms take away the pain of train delays? And why do we prefer stripy toothpaste? Discover the alchemy behind original thinking, as TED Talk superstar and Ogilvy advertising legend Rory Sutherland reveals why abandoning logic and casting aside rationality is the best way to solve any problem. In his first book he blends cutting-edge behavioural science, jaw-dropping stories and a touch of branding magic on his mission to turn us all into idea alchemists. He shows how economists, businesses and governments have got it all wrong: we are not rational creatures who make logical decisions based on evidence. Instead, the big problems we face every day, whether as an individual or in society, could very well be solved by thinking less logically. To be brilliant, you have to be irrational.

The SAGE Handbook of Evolutionary Psychology - Todd K. Shackelford 2021-08-04

Evolutionary psychology is an important and rapidly expanding area in the life, social, and behavioral

sciences, and this Handbook represents the most comprehensive and up-to-date reference text in the field today. Over three volumes, the Handbook provides a rich overview of the most important theoretical and empirical work in the field. Chapters cover a broad range of topics, including theoretical foundations, the integration of evolutionary psychology with other life, social, and behavioral sciences, as well as with the arts and the humanities, and the increasing power of evolutionary psychology to inform applied fields, including medicine, psychiatry, law, and education. Each of the volumes has been carefully curated to have a strong thematic focus, covering: - The foundations of evolutionary psychology; - The integration of evolutionary psychology with other disciplines, and; - The applications of evolutionary psychology. The SAGE Handbook of Evolutionary Psychology is an essential resource for researchers, graduate students, and advanced undergraduate students in all areas of psychology, and in related disciplines across the life, social, and behavioral sciences.

My Body - Emily Ratajkowski 2021-11-09

INSTANT NEW YORK TIMES BESTSELLER "My Body offers a lucid examination of the mirrors in which its author has seen herself, and her indoctrination into the cult of beauty as defined by powerful men. In its more transcendent passages . . . the author steps beyond the reach of any 'Pygmalion' and becomes a more dangerous kind of beautiful. She becomes a kind of god in her own right: an artist." —Melissa Febos, The New York Times Book Review A "MOST ANTICIPATED" AND "BEST OF FALL 2021" BOOK FOR * VOGUE * TIME * ESQUIRE * PEOPLE * USA TODAY * CHICAGO TRIBUNE * LOS ANGELES TIMES * SHONDALAND * ALMA * THRILLEST * NYLON * FORTUNE A deeply honest investigation of what it means to be a woman and a commodity from Emily Ratajkowski, the archetypal, multi-hyphenate celebrity of our time Emily Ratajkowski is an acclaimed model and actress, an engaged political progressive, a formidable entrepreneur, a global social media phenomenon, and now, a writer. Rocketing to world fame at age twenty-one, Ratajkowski sparked both praise and furor with the provocative display of her body as an unapologetic statement of feminist empowerment. The subsequent evolution in her thinking about our culture's commodification of women is the subject of this book. My Body is a profoundly personal exploration of feminism, sexuality, and power, of men's treatment of women and women's rationalizations for accepting that treatment. These essays chronicle moments from Ratajkowski's life while investigating the culture's fetishization of girls and female beauty, its obsession with and contempt for women's sexuality, the perverse dynamics of the fashion and film industries, and the gray area between consent and abuse. Nuanced, fierce, and incisive, My Body marks the debut of a writer brimming with courage and intelligence.

Why Everyone (Else) Is a Hypocrite - Robert Kurzban 2012-05-27

The evolutionary psychology behind human inconsistency We're all hypocrites. Why? Hypocrisy is the natural state of the human mind. Robert Kurzban shows us that the key to understanding our behavioral inconsistencies lies in understanding the mind's design. The human mind consists of many specialized units designed by the process of evolution by natural selection. While these modules sometimes work together seamlessly, they don't always, resulting in impossibly contradictory beliefs, vacillations between patience and impulsiveness, violations of our supposed moral principles, and overinflated views of ourselves. This modular, evolutionary psychological view of the mind undermines deeply held intuitions about ourselves, as well as a range of scientific theories that require a "self" with consistent beliefs and preferences. Modularity suggests that there is no "I." Instead, each of us is a contentious "we"--a collection of discrete but interacting systems whose constant conflicts shape our interactions with one another and our experience of the world. In clear language, full of wit and rich in examples, Kurzban explains the roots and implications of our inconsistent minds, and why it is perfectly natural to believe that everyone else is a hypocrite.

Innate - Kevin J. Mitchell 2020-03-31

"What makes you the way you are--and what makes each of us different from everyone else? In *Innate*, leading neuroscientist and popular science blogger Kevin Mitchell traces human diversity and individual differences to their deepest level: in the wiring of our brains. Deftly guiding us through important new research, including his own groundbreaking work, he explains how variations in the way our brains develop before birth strongly influence our psychology and behavior throughout our lives, shaping our personality, intelligence, sexuality, and even the way we perceive the world. We all share a genetic program for making a human brain, and the program for making a brain like yours is specifically encoded in your DNA. But, as Mitchell explains, the way that program plays out is affected by random processes of development that manifest uniquely in each person, even identical twins. The key insight of *Innate* is that the combination of these developmental and genetic variations creates innate differences in how our brains are wired--differences that impact all aspects of our psychology--and this insight promises to transform the way we see the interplay of nature and nurture. *Innate* also explores the genetic and neural underpinnings of disorders such as autism, schizophrenia, and epilepsy, and how our understanding of these conditions is being revolutionized. In addition, the book examines the social and ethical implications of these ideas and of new technologies that may soon offer the means to predict or manipulate human traits. Compelling and original, *Innate* will change the way you think about why and how we are who we are."--Provided by the publisher.