

# What Would Jesus Eat The Ultimate Program For Eating Well Feeling Great And Living Longer Don Colbert

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What Would Jesus REALLY Eat? - Wes Jamison 2019-08-08

Until relatively recently, vegetarianism was considered

a positive dietary alternative for Christians. Often considered a preference for those seeking better spiritual awareness for a season, biblical tradition still acknowledged that a plant-based diet wasn't any more spiritual or moral than eating meat, therefore meat-eating was considered legitimate for humans; not prohibited and was even blessed by God. But, increasingly, and especially in light of the current Green movement that wants to at least limit the eating of meat, alongside the relentless calls by other secular organizations and activists to end meat-eating altogether, it is now more important than ever for people to know what the Bible and biblical tradition have to say about the subject. Within Christian circles, well-meaning people have been pressuring fellow Christians to turn from eating meat- a practice once historically understood as a Christian freedom- and are now asking them to embrace abstinence, but what many are calling "just a new bondage."

Christian leaders are warning the Christian community not to adopt a false commandment that is mostly based on secular activist's personal convictions. Familiar choruses are now resonating throughout Christian communities: "Meat-eating isn't compassionate." "Animals have rights too." "Aren't you concerned about animal suffering?" "We should include animals into the moral community." "Would you kill and eat your dog Lassie?" In response to this clamor, Castle Quay Books has brought together a broad group of scholars who have applied their expertise in a wide range of fields including biblical studies, theology, philosophy, resource management, communication, and generational animal farming, to write an accessible response for all Christians. Contributors to the discussion cover both sides of the debate with their host of important views. Writers include well known authors such as Dr. Walter Kaiser, Dr. Wes Jamison, and Dr. Paul Copan, as well as other well-known

authors.

*The What Would Jesus Eat Cookbook* - Don Colbert  
2011-10-30

In the *What Would Jesus Eat Cookbook*, you'll discover an effective and delicious way of eating based on Biblical principles. Medical doctor and author Don Colbert explains how you can lose weight, prevent disease, enjoy more balanced meals, and attain vibrant health by changing the way you eat. A companion to the bestselling book *What Would Jesus Eat?*, this cookbook offers inspired ideas for good eating and good living. In *What Would Jesus Eat Cookbook*, you'll find healthy dishes such as: Mediterranean Lentil Soup Broiled Lamb Lebanese Fresh Fruit Salad Black Bean Hummus Apricot Couscous Rosemary Chicken Stew Modeled on Jesus' example, the *What Would Jesus Eat Cookbook* emphasizes whole foods that are low in fat, salt, and sugar and high in nutrients and satisfying flavor. This modern approach to an ancient way of eating offers a

healthy alternative to today's fast food culture.

*The Salvation Diet* Chris Walker 2015-11-25

*The Salvation Diet: What Would Jesus Eat?* was written by a regular Christian guy named Chris Walker that discovered an astonishing Biblical secret to rapid, permanent weight loss given by Jesus to his disciples and hidden in the pages of the Holy Bible itself. Chris was a college football player who ballooned up to almost 300 pounds, wasted a ton of money on "fad diets" that almost killed him and then found his own Salvation simply by eating what The Lord laid out for his people in the pages of The Bible. If you're a believer and a Follower of Christ (or if you were a believer and have lapsed) this does for you book could change your life FOREVER and help you make changes that could add years or decades to your life.

**The God Chair** - Caroline Cienki 2016-08-30

Meet Katie Ball. She's ten years old and definitely going

through a rough patch. School is stressful and the future of her family's farm is uncertain. But all that changes, when Katie meets Lady Catherine and her rather mysterious chair. That's when she discovers that she's braver than she thought she was, and that with a little friendship and a lot of divine inspiration, real life is just as exciting as any storybook adventure. Originally a Brit, Caroline Cienki has fond memories of vacations spent in the rural North of England with her grandparents, where she learned to love the countryside. She now lives in the US, and calls Texas her home along with her husband, two children and three fun-loving doggies. Among her current passions are home-making, travel and spiritual formation. The God Chair is her first children's book.

**It's Time** - Michael Morwood  
2013

It's Time. Challenges to the Doctrine of the Faith by Michael Morwood. Christianity, along with other major religions, has to make sense of

its major beliefs in light of contemporary knowledge about the universe and our place in it. This calls for a major overhaul in how we understand "God", how we interpret Jesus as revealing the Divine Presence in human form, and what this means for worship and prayer. This contemporary "story" is radically different from the traditional Christian story about an elsewhere, heavenly God who disconnected from humanity. *Constructing the Puzzle of God's Plan* Mike Bradley  
2013-10-01

### **Restoring the House of God**

- Frank Madison Reid 2000  
A thief has quietly crept into our churches. This thief has robbed us blind and most of us do not even realize it. Most of what our Lord wants for us has been taken from us by a "spirit of religion". This spirit has caused us to become a self-centered, flesh-serving institution instead of the life-giving, hope-building, Christ-filled Body that Jesus wants to build. Our only hope of

reconnecting with our Lord and the culture around us is to return to the Lord Himself. He will build His own Church, with much less help from us than we realize. This book shows the power of restoring the Church by restoring the intimacy of relationship with our Lord and then with the people God has put into our lives.

**The Importance and Value of Proper Bible Study -**

Reuben Archer Torrey 1921

**Emmi the Pink Elephant**

**(Book Three)** - Barbara Klein

2018-10-31

Part Three of the wonderful Christian Children's book series Emmi the Pink Elephant Discovering the Miracle of the Scarlet Thread in Every Book of the Bible - Richard Booker

2009-11-28

Yes you can understand the Bible! Discovering the Miracle of the Scarlet Thread in Every Book of the Bible takes the mystery and confusion out of the Bible and makes God's Word come alive with new insights and a fresh excitement that will have you searching for

more. Dr. Richard Booker unveils the mysteries and secrets of the Bible by explaining its master theme, and then reveals a simple plan so you can discover God's personal revelation for yourself. The author provides Exciting biblical background, An interesting survey of each book in the Bible, Each book's master theme, Practical principles, forms, and guidelines for your own life-enriching Bible study. The sometimes hard-to-understand teachings of Jesus in their original culture and context come alive and become real through discovering the miracle of the scarlet thread. Then Jesus began to explain everything which had been written in the Scriptures about Him. Jesus started with the books of Moses and then He talked about what the prophets had written about Him (Luke 24:27 PEB). This book about the Bible will change the way you think about His Word His life-changing and eternal Word.

**Slay and Pray** - Katlyn Joy Moncrief Bryan 2017-03-03

Are you tired of feeling defeated, discouraged, and discontent? Do you lack self-esteem, confidence, and struggle to find your true identity in and through Christ Jesus? How would you like to walk boldly in your calling and purpose in Christ in this life? If you answered yes to any of these questions then the Slay and Pray 30 day devotion is for you! Through Slay and Pray, Koach Katlyn takes you on a journey to empower, encourage, and equip you to live life to your fullest potential through Christ Jesus. This book teaches you how to be bold, confident, and focused as a daughter of the King! Slay and Pray is the perfect book for your personal devotion time, small groups, youth groups, and for any lady ages 12 and older who is looking to live life to their fullest potential in God!

*The Ultimate Health Foods*  
Ray Comfort 2021-12-01  
Includes a nine-food dinner recipe by award-winning New York chef Lance Nitahara Many have surmised about the foods Jesus of Nazareth may have

eaten. But this book is specific. It points to nine foods in Scripture that Jesus either consumed Himself, recommended as being good food, or approved of by strong inference. But what are the credentials of a lowly carpenter who lived 2,000 years ago? In speaking of Jesus, the Scriptures say, "All things were made through Him, and without Him nothing was made that was made" (John 1:3). His credentials pass the test. Therefore, we will take note of each of these nine foods if we know what's good for us.

[The Jesus Diet](#) - Terry Toler  
2020-09-27

□ Are you tired of outdated diets, that don't work, and sometimes what you do to lose weight and fix your health actually makes things worse? □ Perhaps, the answers to our problems are right in front of us, we just don't realize it. In this case it's especially true, as this amazing and revolutionary book will teach you about the unique Jesus diet, which will completely transform your life and how you think about food

once and for all. Want to know more? Keep reading! □ You will be taken straight to the Scriptures, and you will learn what the Lord told us about food and divine health. □ In a practical and simplistic way, the Jesus diet shows you how to access wellness and healing through the power of the Lord's supper and other teachings of Jesus. "The Church needs this book." "The Jesus Diet is transformative!" "Why have we never seen this before?" "You've explained this truth better than anyone I've ever seen or heard." Best Selling author, Terry Toler, has written fifteen non-fiction books and eight novels including The Eden Stories.

**God's Diet** - Dr. Dorothy Gault-McNemee 2010-04-07

Dorothy Gault-McNemee is a medical doctor who had tried every diet she could find to control the weight gains that had plagued her throughout her life. As the founding physician of a busy health clinic, she also saw that overweight patients who were suffering from a variety of

diseases were far worse off than those who had their weight under control. As a result, Dr. Gault-McNemee began to examine what we eat and what our slimmer, healthier ancient forebears ate. They didn't have processed foods and access to sugar; they weren't consuming alcohol and foods that had been mixed with artificial ingredients they couldn't pronounce. They were eating what God put on this earth: meat, fish, fruit, vegetables, grains, and nuts. And thus was God's Diet born. In other words, if you can't pick it, pluck it, pull it from the earth, or scale it, don't eat it. If you pick up a can or a package of food that includes even one ingredient that you can't identify, don't eat it. Dr. Gault-McNemee also cautions that far too many foods contain sugar as an additive, from cereal to bread to canned vegetables. Prepare foods simply and avoid sugar, but while you're at it, have a steak and a baked potato with butter and sour cream. In God's Diet, Dr. Gault-McNemee has

compiled numerous case studies from her own practice; inspiring advice from people like herself, whose lives have been changed for the better; information on vitamins, minerals, and cholesterol; and menu-planning advice and delicious recipes. The doctor has also prepared three lists of foods: those which you can eat all you reasonably want, those you should avoid, and a "swing list" of foods that you may enjoy occasionally and with limitations. God's Diet enables you to lose weight simply and naturally without having to remember any complex diet regimen. By incorporating simple habits into our lives -- paying attention to food labels, drinking eight to ten glasses of water a day, and exercising reasonably -- we can easily and radically change the way we live, while becoming healthier and living longer. Never has there been a simpler or more logically thought out weight-control guide. There is nothing to count or exchange, no special foods to buy. Everything you need to live a

slimmer, healthier life is in your supermarket, if you follow the advice of Dr. Gault-McNemee, whose vast experience with fad diets and overweight patients led her to conceive this brilliant little book. This truly is the last diet book you'll ever buy.

Remember, if God didn't make it, don't eat it!

*From Recollection to Recipe*

Robert E. Vendetti 2010-09-01

**What Would Jesus Eat?** - Don Colbert 2005-07

In the *What Would Jesus Eat Cookbook*, you'll discover an enormously effective?and delicious?way of eating based on Biblical principles. You'll find that you can lose weight, prevent disease, enjoy more balanced meals, and attain vibrant health by changing the way you eat. A companion to the bestselling *What Would Jesus Eat?*, this cookbook offers inspired ideas for good eating and good living. Modeled on Jesus' example, *The What Would Jesus Eat Cookbook* emphasizes whole foods that are low in fat, salt, and sugar



and high in nutrients and satisfying flavor. This modern approach to an ancient way of eating offers a healthy alternative to today's fast food culture.

Trinity of Coaching - DeNeen Attard 2014-10-08

Trinity of Coaching: God, You, and Your Life Coach is a practical guide for coaches, coaching clients, ministers, and laypeople. Packed with research-supported techniques, practical advice, and life application lessons, this book is an excellent tool to help you integrate your Christian faith and Biblical principles into your coaching sessions and daily activities.

Small Christians - Dr Harry Jay 2014-08-30

Religion & Spirituality - Small Christians is about Christians or so-called Christians that practice weak faith and present to the world a wrongful picture of God's saving grace. I Have No Problem with Christianity; the Problem is Christians! From rock stars sporting huge crosses around their necks and then behaving in the most

outrageous behavior to people with the Christian symbol of a fish on the rear of their cars screaming obscenities and giving certain body gestures in an act of road rage, is it no wonder that the world has found Christianity lacking? But Christianity is about Christ and not Christians! We live in a hurting world with hurting people. And the Church is not isolated from that hurt. In fact, the Church actually accentuates the hurt. Why? The Church is comprised of people who are hurting and coming to church for help and it is also comprised of people who have been helped that are coming to worship God. When you bring former hurt together with current hurt and drop it together with imperfect people, there are going to be problems. The great mystery of God revealed by His Son, Jesus Christ is "not that we live for God as Christians, but that God lives through us and in us." Our hope is in Christ and since we are all "broken pots," we can expect problems. And only through our faith in Christ will

we rise above for we can do nothing without Him! This is not a book on spiritualism and in fact it is a book of spirituality vs religion. It delineates what are the differences in religions and speaks about religion spirituality. In today's Christian world, you need to read this book. Isn't it time the world sees the true face of Christianity?

*Confidently You* Michele Badie 2016-06-17

*Confidently You: 21-Day Action Plan To Your Professional Best*, written by Podcaster and Career Confidence Blogger & Coach Michele Badie, is a guide full of easy to implement career tips and thought triggers that will help you at any stage of your career to evolve into your next level of professional best. This book is an excellent resource for just about anyone from new grads to seasoned workers and can be utilized as a tool in the workplace to inspire professional development and implement team building exercises. In this guide Badie

has identified timeless topics and components which includes:- Career-centric topics that will boost your professional esteem.- Daily activities that can help you generate a new perspective to advancing in your career.- Action lists and affirmations that promote and develop successful career traits.

**Desiring God** - John Piper 1996

Insightful and heart-warming, this classic book is written for those who seek to know God better. It unfolds life-impacting, biblical truths and has been called a "soul-stirring celebration of the pleasures of knowing God."

*What's Wrong with Pauly?* B. J House 2013-08

Billy Johnson doesn't give it a second thought when he joins in with his friends making fun of a little girl in a wheelchair. Then Pauly comes into his life, and Billy not only learns a valuable lesson about compassion and acceptance but he gets a new best friend! Grades 3-4

**What Did Jesus Do?** - F. Scott

Spencer 2003-08-01

What Would Jesus Do? is a popular phrase in Christian circles, but answers to that question might be more on-target if we spent more time exploring, as Scott Spencer has, What Did Jesus Do? Spencer examines both the Synoptics and the Gospel of John as he tries to catch a wide-angled vision of Jesus' behavior in the gospels. Rather than focus on sayings or pronouncements as an authoritative code of conduct, he studies Jesus' deeds or actions as keys to his identity and vocation. While not ignoring Jesus' teaching, this study is more interested in discovering how Jesus personally lived up to his own moral instruction -- his personal conduct. Chapters are devoted to Jesus' actions with respect to his family, his friends, his body, his possessions, his work, his reputation, and the environment. Spencer suggests paths -- and pitfalls -- for relating Jesus' personal conduct to individual behavior,

how we might move from what Jesus did in the New Testament to what we should do today. F. Scott Spencer is Professor of New Testament at Baptist Theological Seminary at Richmond, Virginia and is the author of The Portrait of Philip in Acts: A Study of Roles and Relations and Acts. He is the Chair of the New Testament section for the Southeastern Commission for the Study of Religion.

**The Elijah Calling (Pocket Sized)** - Ken Mentell

2015-03-01

"The Elijah Calling" by Ken Mentell investigates the end-time prophecy regarding the promised coming of Elijah. "The Elijah Calling" explores the dire warning of the prophets regarding the "end-time" great delusion that will come upon the entire world. In a stunning display of prophetic patterns and fractals the author proves the meaningful arrangement of God's divine plan and how believers can equip themselves for the end-time conflict. Hidden within the scriptures are divinely

designed sequences that show the hiding and revealing of Jesus Christ! Throughout the scriptures we see the repeating structure of hidden then revealed, death then resurrection, seed then image, descending then ascending, and flesh then spirit.

Christianity finally has an answer for why Jesus Christ has been absent for 2,000 years! "The Elijah Calling" is a robust commentary on the Image of God and the method of correctly interpreting God's divine parables. No Theological library is complete without this Bible commentary!

### **Yummy Tummy Rainbow**

**Garden** - Karen Leonetti

2013-08-07

Teaching your family to EAT WELL and avoid pre-packaged, fake foods has never been easier! This book is a refreshing addition to any child's library. In the back of our special "Fresh Food" storybook are four child-approved dairy free, gluten free and sugar free recipes. A "Notes and Hints" page provides parents easy

information to help children of all ages to EAT WELL. Picky or finicky eaters will learn to enjoy eating freshly grown foods from these pages written by a preschool teacher of 20 years and Fresh Food Expert. This outside story adventure is a priceless resource for parents, grandparents and teachers alike. Written to reduce childhood obesity and to show healthy eating choices, the delightful watercolor illustrations engage children beautifully. Come follow how the characters Earth and Angel encourage children to eat a rainbow every day by teaching them how healthy foods grow in a garden and affect their bodies through food resemblances. We offer a money back guarantee if your child doesn't try just one new fresh fruit or vegetable after reading this book. We know your family will love to learn about "Grow-Foods", unlike fake fast foods from a factory. Just turn the pages together and go outside as they follow their magical treasure map, plugging into a "Green-Time"

adventure by unplugging from "Screen-Time" inside. Children will learn a new appreciation for backyard or community gardens and will want to plant their own seeds and DIG right in!

### **I Am a Women on a Mission**

- Deirdra L. Greene 2017-03-17

The purpose of this book is to uplift, encourage, and motivate women all over the world so that they may know Jesus, live for him, and encourage someone else.

### **Nine Year Pregnancy -**

Delana Stewart 2012-01-09

In her narrative, Nine-Year Pregnancy, Delana H. Stewart reveals a journey of having a dream, experiencing the death of that vision, and seeing God fulfill it in His time. If you are waiting on God to answer a prayer or feel like God will never answer your prayer-for a child, for a mate, for some other need or desire or dream-then this book will show you how one family trusted God to walk with them through the dark, scary, unknown valleys as they waited on Him. If you are anywhere in the adoption

process-from thinking about it to preparing to go pick up your child to dealing with attachment disorder-then this book will offer you insights, faith, and peace for the journey. If you are trying to get pregnant or have experienced a miscarriage, then this book may give you hope and encourage you to hang on. "For the vision is yet for the appointed time; It hastens toward the goal and it will not fail. Though it tarries, wait for it; For it will certainly come, it will not delay" (Habakkuk 2:3 NASB).

### The Disciples' Diet - Kimberly Wilkes 2019-09-16

How Eating And Living Like Jesus Did Can Keep You Feeling Healthy And Energized Jesus healed many people in his time on Earth. Today, we continue to pray to Him to heal our illnesses. In addition to praying, there is a very powerful tool you can use to feel more energetic and healthier. That tool is called the Bible. More specifically, the types of food mentioned in the Bible. By eating those types of

foods and mirroring the non-toxic lifestyle of people who lived in Jesus' day, you can have glowing good health. The Disciples' Diet shows you exactly what foods to eat to feel healthier and live longer by asking yourself "What Would Jesus Eat?" And it shows you how to avoid hidden toxins so common in today's world that were non-existent in Jesus' time. In The Disciples' Diet, discover how to: Reduce your risk of modern diseases. Augment your vitality and energy. Optimize your body composition. Reduce brain fog. Improve your mood, be happier, and reduce depression. Feel and look younger. The Disciples' Diet is your guide to living a longer and healthier life--by mirroring the way Jesus and his disciples ate and lived.

**Multiculturalism in the Workplace** - Theresa De Jesus Paris, Ph.d. 2012-06-09  
"With the ever increasing global economic interaction that often involves the workplace, it is imperative that we deepen our understanding

of the dynamics of communication among different cultures. Through clear and precise examples, Dr. Theresa Paris' book succinctly exemplifies the basic broad differences of cultures and the importance of understanding cultural interaction in the workplace, based on work developed by Dr. Geert Hofstede, a pioneer and international leading scientist in the field of International Communication. These basic principles are applicable to most cultures. This book is a must for managers and students, and offers general information to all who wish to expand their knowledge of people to people interaction." Hector Robertin Ph.D."Multiculturalism in the Workplace engages everyone from the expert to the lay reader in principles validated through academic research. Through Barb's story, the reader is invited to explore the high level of misunderstanding among cultures and seek solutions for collaborative team development. Dr. Paris has

simplified the understanding of Hofstede's research on cultural measurements in business by connecting them to different cultural traits, such as individualism and collectivism. Even the newest person to the study of multiculturalism will acquire excellent tools for interpreting actions and behaviors within his/her own environment." Sharon Seeberger, B.A.

*Covens in the Church* John Burton 2009-01

Burton leads a discussion on the issues of unity, authority, and mission advance.

**The What Would Jesus Eat Cookbook** - Don Colbert 2011-10-30

Based on a biblical and historical study of what Jesus ate, as well as scientific research on why these particular foods are ideal for healthy living, a family physician with expertise in public health and preventative medicine offers hearty recipes featuring such fresh foods as fruits and vegetables, whole grains, legumes, fish, olive oil, and more. Original.

**The Course of Miracles** -

Peter Bernhard 2017-03-18

A Course In Miracles teaches that the separation between man and God is an illusion. The miracle in the title refers to a "shift in perception" that allows us to recognize our divine nature. The Course teaches the path to this realization is achieved by forgiveness and a new vision. Peter Campelo offers an inside of this breath taking material which is probably the most important revelation of the 20.century for the world. Campelo collects miracle stories from all over the world. He introduces exercises to make the understanding of a different relationship between us and God possible. This book of Peter Campelo offers a gate into a world of freedom and happiness. It is a revelation for all who are looking seriously for the Truth.

*The Food and Feasts of Jesus* Douglas E. Neel 2012

The Food and Feasts of Jesus offers a new perspective on life in biblical times by taking readers inside the food culture

of the day. From wedding feasts to a farmer's lunch, the book explores the significance of various meals, discusses key ingredients, and offers accessible recipes for readers to make their own tastes of the first century.

**Planting God** - Derek Schoenhoff 2016-09-20

The struggle is real. Sure. But often times we can over-complicate our lives. Planting God inspires us with a simple idea. God reveals Himself to us so we can plant Him into the lives of people around us. In this valuable book, Derek Schoenhoff shares exciting life-stories, asks thoughtful questions and applies Biblical truth. You will cultivate your knowledge of God, energize your ability to communicate with Him, unearth powerful principles for your restoration and wholeness, uncover strategies of the enemy in your life, and simplify your calling and purpose. God has made Himself accessible to everyone, but only you can choose to open yourself up to Him. Whether you have been a

Christian for many years, or are just discovering Him, this book will help you on your journey, so you can be passionately Planting God. Holy Bible - Zondervan Publishing House 2013-01-21 A reasonably priced, quality black hardcover pew and ministry Bible featuring a large 12-point font.

**The God Portal** - Timothy Ferguson 2013-08-15

It began as a vacation out west for Jim Wagner and his family...until Jim discovers his brother, particle physicist Dr. Warren Wagner, is missing from his Nevada home. The mystery leads to the desert laboratory of corporate giant Forsythe-Hammond. There Jim discovers the truth behind Warren's disappearance and its connection to the company's deepest secrets, a technology where faith and science collide. It's the beginning of a thrilling and dangerous adventure to rescue his brother. Jim is joined by the affable Lyle Bumgardner, particle physicist and atheist at heart; and by Dr. Lawrence Macklin, devout



Christian and Biblical scholar. Their odyssey becomes destiny, a struggle for survival and a quest for truth, leading them to a place where Christian faith and secular atheism alike will be put to the test. Their journey puts them on the trail of the historical Jesus...

Interrupted - Kathrine Lee  
2016-12-15

Kathrine Lee...has an amazing ability to cheer people on to become who God designed them to be by communicating life changing stories wrapped in God's truth.-Lysa TerKeurst, President of Proverbs 31 Ministries and New York Times best-selling author The world can be full of challenges. Often, we must fight to see the good in the world. Kathrine Lee refuses to give up the fight. She believes there is good in the world, despite the pain and challenges we face. Learn how she found the spiritual strength and courage to stand up to disappointments and pain and find her path forward. A path that leads to joy, hope, and adventure. Lee left the church at a young age and wandered

through dark valleys until she found her way back to the light. Once there, she became a passionate crusader for love and justice. In Interrupted, Lee discusses how she made the decisions that have given her such a fulfilling, satisfying spiritual and emotional existence. She shares her concern for anyone-but especially women-who has not felt the transformative power of God's grace. As Lee writes, that pain can be turned into an amazing purpose! Proceeds of her book will help her continue her work with Pure Hope Foundation, her nonprofit that assists in the restoration of those victimized by sex trafficking. "

**The New Bible Cure for Weight Loss** - Don Colbert  
2013

Reclaim control over your spiritual, emotional, and physical health, and lose weight today.

**Day by Day Journal for Makers Diet** - Jordan Rubin  
2005-01

DOCUMENT YOUR PROGRESS  
TOWARD OPTIMUM HEALTH.

6205

### **What Did Jesus Look Like? -**

Joan E. Taylor 2018-02-08

Jesus Christ is arguably the most famous man who ever lived. His image adorns countless churches, icons, and paintings. He is the subject of millions of statues, sculptures, devotional objects and works of art. Everyone can conjure an image of Jesus: usually as a handsome, white man with flowing locks and pristine linen robes. But what did Jesus really look like? Is our popular image of Jesus overly westernized and

untrue to historical reality?

This question continues to fascinate. Leading Christian Origins scholar Joan E. Taylor surveys the historical evidence, and the prevalent image of Jesus in art and culture, to suggest an entirely different vision of this most famous of men. He may even have had short hair.

### **The First Easter Bunny -**

Frrich Lewandowski 1999-02

A rabbit witnesses the death and resurrection of Jesus and becomes the first Easter bunny.