

Quitting Crystal Meth What To Expect What To Do A Handbook For The First Year Of Recovery From Crystal Methamphetamine

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Treatment for Stimulant Use Disorders - Richard A. Rawson 1999
Basic knowledge about the nature and treatment of stimulant use disorders. Reviews what is currently known about treating the med., psychiatric, and substance abuse-dependence problems assoc. with the use of 2 high-profile stimulants: cocaine and methamphetamine (MA). The info. is understandable and relevant for clinicians and other "front line" substance use disorder treat. providers. Offers recomm. on treat. approaches, recomm. to maximize treat. engagement, strategies for planning and initiating treat., and strategies for initiating and maintaining abstinence. Includes recomm. for the med. mgmt. of stimulant users and recomm. regarding special groups and settings.

Clean - David Sheff 2013

Combines personal stories and experiences with cutting edge research to describe a new way of treating substance addiction as well as accompanying mental illnesses.

Cocaine & Methamphetamine Addiction - Arnold M. Washton 2009
Understanding and overcoming addiction to two highly potent drugs.

Two experienced addiction treatment professionals present a practice-oriented approach to working with individuals addicted to these highly abused stimulants. Treatment strategies, many designed to prevent relapse, are highlighted with case examples. Potential pitfalls are addressed, including approaching clients about their drug use, establishing abstinence, and involving family members.

College Success - Amy Baldwin 2020-03

The Least of Us - Sam Quinones 2021-11-02

Apple Best Books of 2021 Longlisted for the Andrew Carnegie Medal * Shortlisted for the Zocalo Book Prize From the New York Times bestselling author of Dreamland, a searing follow-up that explores the terrifying next stages of the opioid epidemic and the quiet yet ardent stories of community repair. Sam Quinones traveled from Mexico to main streets across the U.S. to create Dreamland, a groundbreaking portrait of the opioid epidemic that awakened the nation. As the nation struggled to put back the pieces, Quinones was among the first to see the dangers that lay ahead: synthetic drugs and a new generation of kingpins whose product could be made in Magic Bullet blenders. In fentanyl, traffickers landed a painkiller a hundred times more powerful than morphine. They laced it into cocaine, meth, and counterfeit pills to cause tens of thousands of deaths-at the same time as Mexican traffickers made methamphetamine cheaper and more potent than ever, creating, Sam argues, swaths of mental illness and a surge in homelessness across the United States. Quinones hit the road to investigate these new threats, discovering how addiction is exacerbated by consumer-product corporations. "In a time when drug traffickers act like corporations and corporations like traffickers," he writes, "our best defense, perhaps our only defense, lies in bolstering community." Amid a landscape of despair, Quinones found hope in those embracing the forgotten and ignored, illuminating the striking truth that we are only as strong as our most vulnerable. Weaving analysis of the drug trade into stories of humble communities, The Least of Us delivers an unexpected and awe-inspiring response to the call that shocked the nation in Sam Quinones's award-winning Dreamland.

Overcoming Crystal Meth Addiction - Steven J. Lee 2009-03-25

In Overcoming Crystal Methamphetamine Addiction, one of the few books to address the topic for a general audience, Dr. Steven Lee, MD, a psychiatrist who specializes in crystal meth addiction, offers a complete guide to the drug, its effects, and how to overcome it. Based on extensive scientific and social research and drawing from his professional experience, he covers everything from the definition and history of crystal meth to the physical and psychological effects; from dealing with

the addictive personality to helping a friend or family member cope with it. He focuses on understanding rather than outright condemnation of the drug, and empathetically covers all of the crucial questions: What is crystal meth? How is it made? How does it affect the body? How do you know if you're addicted to it? How do you stop using it? What if you don't want to stop? If you are going to use CM anyway, how can you minimize the damage? What if you quit but slipped and used again?

Crystal Meth Addiction - Brent Lewiki 2015-04-06

Crystal meth is reported to be one of the most abused substances in the world. And although it isn't always easy to tell who is addicted to meth at first glance, given the statistics, it is very likely that you know someone who is. Crystal meth users are actually able to go about seemingly normal lives: They can maintain successful careers, or get decent enough grades to stay in school - at least until they get too deep into the addiction and it becomes too late. Now, if you are certain that you someone you love is abusing crystal meth, you may already realize that it's not going to be an easy journey to get them to overcome their addiction. This book is going to help you understand what your loved one is going through, and how to properly support them and help them get over the addiction. I will explain how to confirm whether or not someone is addicted to meth, and then what to do and - just as important - what not to do when talking to and relating to a user. You'll also learn when and how to get outside help, and exactly how to help a recovering addict avoid situations that could lead him back to the habit. Helping a loved one overcome an addiction is not an easy task, but it is a necessary one, and it all starts with knowing what to do.

Heroin Abuse and Addiction - 2000

Tweak - Nic Sheff 2012-12-11

THE NEW YORK TIMES BESTSELLER NOW A MAJOR FILM, STARRING STEVE CARELL AND BAFTA AND GOLDEN GLOBE NOMINATED TIMOTHEE CHALAMET 'It was like being in a car with the gas pedal slammed down to the floor and nothing to do but hold on and pretend to have some semblance of control. But control was something I'd lost a long time ago.' Nic Sheff was drunk for the first time at age 11. In the years that followed, he would regularly smoke pot, do cocaine and ecstasy, and develop addictions to crystal meth and heroin. Even so, he felt like he would always be able to quit and put his life together whenever he needed to. It took a violent relapse one summer to convince him otherwise. In a voice that is raw and honest, Nic spares no detail in telling us the compelling true story of his relapse and the road to recovery. He paints an extraordinary picture for us of a person at odds with his past, with his family, with his substances, and with himself. Tweak is a raw, harrowing, and ultimately hopeful tale of the road from relapse to recovery and complements his father's parallel memoir, Beautiful Boy. Praise for Nic Sheff:- 'Difficult to read and impossible to put down.' Chicago Tribune 'Nic Sheff's wrenching tale is told with electrifying honesty and insight.' Armistead Maupin

King Baby - Tom Cunningham 1986-06

Discusses the King Baby personality - the childish ego traits seen in people who have reached adulthood without acquiring emotional maturity - a self-centeredness common to alcoholics and addicts.

Living Our Dying - Joseph Sharp 1997-05-01

A chaplain and long-term survivor of AIDS demonstrates how acceptance of death through spiritual awareness can make life more fulfilling and provides poetry, prayer, and quotations for inspiration.

Is it You, Me, Or Adult A.D.D.? - Gina Pera 2008

Presents a guide to maintaining a relationship with an adult diagnosed with the disorder, with information on the basics, challenges, and options for treatment.

The Challenge Posed by New Synthetic Opioids: Pharmacology and Toxicology Simona Pichini 2019-08-19

New Synthetic Opioids (NSOs), most of which are illegally produced and sold for recreational use, are posing a serious threat to the health of consumers. Due to the low cost of materials and equipment required for clandestine laboratories production with respect to the production cost of heroin, NSOs are climbing the illegal street and web drug market. Several of these drugs have been involved in a recent rise in acute intoxications and overdose deaths. Since NSOs offer enormous profit potential, and there is strong demand for their use, these drugs are being trafficked by organized crime and present major challenges for medical professionals facing intoxications and fatalities, law enforcement agencies fighting against their diffusion and policymakers trying to restrain the use and abuse of NSOs. This Research Topic aimed to fill the gap on current knowledge on pharmacology and toxicology, health risks for adult and newborns of NSOs covering both basic scientific as well as epidemiological and clinical aspects. 3 reviews, 3 mini-reviews, 1 original article, 2 case reports and 1 opinion are here presented.

Buzzed - Cynthia Kuhn 1998

Based on the most current psychological and pharmacological research, provides a reliable, unbiased look at the use and abuse of legal and illegal drugs -- from alcohol, caffeine, and anti-anxiety pills to heroin, ecstasy, and special-K.

Methamphetamine Addiction - John M. Roll 2009-05-04

Separating myth from fact, this authoritative work reviews the breadth of current knowledge about methamphetamine addiction and describes the most promising available treatment approaches. Leading experts present state-of-the-art information on the effects of methamphetamine on the brain, body, mental health, and behavior. Psychosocial and pharmacological treatment strategies are critically evaluated, including approaches to treating dually diagnosed clients. Written in a concise, accessible style, the volume emphasizes that recovery is possible, despite the significant challenges the drug poses. The authors identify key avenues for collaboration among clinical, public health, and other professionals.

Crystal Meth Addiction - Alex Andrews 2015-06-01

This book is written for all those lost souls who are stuck in the darkness of Meth addiction. Meth Addiction is one of the major leading problems in this society and is an issue many people are struggling with. This book sheds light on Crystal Meth addiction and contain numerous unknown facts about this drug. By reading this book you will learn useful and lifesaving information about this addiction. If you are an abuser, you will learn about the extensive damage this drug does to the body. In the difficult times of your life you might think that this drug is the solution to your problems, but in actuality it only adds more problems. Have you been trying to quit or finding it hard to make up your mind to quit? Do you want to learn more about this drug? Do you want to know how this drug works and damages your brain? Do you want to know how you can help a loved one who is using? This book provides tips, information, facts about the addiction, how to better cope, along with advice on treatments, and the best methods for the road to total recovery. By reading this book you find crucial information about crystal meth addiction: Some important information you will find in this book: * History of Crystal Meth * Why it is so Addictive? * Its impact on mind and body * Facts about Meth Addiction * The stages of Meth Experiences

Methamphetamine - Ralph Weisheit 2009-08-19

The definitive book on the impact of methamphetamine on individuals, communities, and society by two of America's leading addiction and criminal justice experts. In recent years, the media have inundated us with coverage of the horrors that befall methamphetamine users, and the fires, explosions, and toxic waste created by meth labs that threaten the well-being of innocent people. In *Methamphetamine: Its History, Pharmacology, and Treatment*, the first book in Hazelden's Library of Addictive Drugs series, Ralph Weisheit and William L. White examine the nature and extent of meth use in the United States, from meth's early reputation as a "wonder drug" to the current perception that it is a "scourge" of society. In separating fact from fiction, Weisheit and White provide context for understanding the meth problem by tracing its history and the varying patterns of use over time, then offer an in-depth look at: the latest scientific findings on the drug's effects on individuals; the myths and realities of the drug's impact on the mind; the national and international implications of methamphetamine production; the drug's impact on rural communities, including a case study of two counties in the Midwest; issues in addiction and treatment of meth. Thoroughly researched and highly readable, *Methamphetamine*

offers a comprehensive understanding of medical, social, and political issues concerning this highly impactful drug. Written for professionals and serious lay readers by nationally recognized experts, the books in the Library of Addictive Drugs series feature in-depth, comprehensive, and up-to-date information on the most commonly abused mood-altering substances.

Facing Addiction in America - Office of the Surgeon General 2017-08-15
All across the United States, individuals, families, communities, and health care systems are struggling to cope with substance use, misuse, and substance use disorders. Substance misuse and substance use disorders have devastating effects, disrupt the future plans of too many young people, and all too often, end lives prematurely and tragically. Substance misuse is a major public health challenge and a priority for our nation to address. The effects of substance use are cumulative and costly for our society, placing burdens on workplaces, the health care system, families, states, and communities. The Report discusses opportunities to bring substance use disorder treatment and mainstream health care systems into alignment so that they can address a person's overall health, rather than a substance misuse or a physical health condition alone or in isolation. It also provides suggestions and recommendations for action that everyone—individuals, families, community leaders, law enforcement, health care professionals, policymakers, and researchers—can take to prevent substance misuse and reduce its consequences.

Methamphetamine Addiction - Perry N. Halkitis 2009

With an emphasis on value-added business leadership, Estes (Strategic Measures Inc.) examines the key issues of fully participating in the green revolution while maintaining and enhancing organizational profitability. He cleverly draws upon his extensive consulting experiences to provide a timely, user-friendly guide for small to midsized organizations on implementing ecosensitive and sustainable business practices. From building alliances to a whole-systems approach to sustainability, the book's eight well-written and readable chapters clearly articulate the challenges and opportunities of participating in the cultural shift to a green world. Step by step, chapters explore the unique synergism among entrepreneurship, sustainability, and success as a part of an organization's strategic and profit plans. An appendix containing a useful list of green resources completes the book. See related, *The Sustainable Enterprise Fieldbook*, by Jeana Wirtenberg (CH, Mar'09, 46-3947); *The Business Guide to Sustainability*, by Darcy Hitchcock and Marsha Willard (CH, May'07, 44-5138); and *Global Warming Is Good for Business*, by K. B. Keilbach (CH, Sep'09, 47-0369). Summing Up: Recommended. All levels of undergraduate students as well as practitioners and general readers. Reviewed by S. R. Kahn.

Chronicles of a Meth Addict - Paul C. Aragon 2015-11-28

This is the second volume to the series *Chronicles of a Meth Addict* by Paul Aragon, author of the best seller *Breaking Chains - Hope for Addicts and their Families*. This book is the *Women in Recovery* volume packed with stories about women who have suffered through addiction in their lives and have overcome that addiction by hard work.

Principles of Inpatient Psychiatry - Fred Ovsiew 2008-11-01

Principles of Inpatient Psychiatry is geared to psychiatrists working in inpatient settings: residents, psychiatrists who occasionally provide inpatient care, and psychiatric "hospitalists" who specialize in the inpatient arena. Inpatient settings contain the sickest psychiatric patients, such as those with a high risk of suicide, agitation requiring emergency management, or treatment-resistant psychosis and depression, all topics discussed in the book. Co-morbid general-medical illness is common, and the book focuses attention, supported by case examples, on medical and neuropsychiatric as well as general-psychiatric evaluation and management. Chapters address special clinical problems, including first-episode psychosis, substance abuse, eating disorders, and legal issues on the inpatient service. The editors bring expertise to bear on a wide range of treatments, including psychopharmacologic, psychodynamic, and milieu approaches.

Expressions of Hope 2012

MethHelp - 2018

The ASAM Principles of Addiction Medicine - Richard K. Ries 2014-05-14
In the midst of an addiction epidemic, this newly updated edition of *The American Society of Addiction Medicine Principles of Addiction Medicine*, 5th edition is the sought-after text every addiction researcher and care provider needs. This comprehensive reference text dedicates itself to both the science and treatment of addiction. You'll receive a

thorough grounding in both the scientific principles behind the causes of addiction and the practical aspects of clinical care. Chapters are written by recognized experts, covering areas such as the basic science of addiction medicine; diagnosis, assessment and early intervention; pharmacologic and behavioral interventions; mutual help and twelve-step; and co-occurring addiction, medical and psychiatric disorders—backed by the latest research data and successful treatment methods. Features: Numerous figures, tables and diagrams elucidate the text Chapters include case examples List of data research reports provided at end of each chapter NEW material on Prescription Drug Abuse, Club Drugs, Nursing Roles in Addressing Addiction, Conceptual and Treatment Issues in Behavioral Addictions, Rehabilitation Approaches to Pain Management, Comorbid Pain and Addiction, Pharmacotherapy for Adolescents with Substance Use Disorders, Preventing and Treating Substance Use Disorders in Military Personnel, and more.

Chemical Dependency Counseling - Robert R. Perkinson 2016-08-11

The best-selling *Chemical Dependency Counseling: A Practical Guide* provides counselors and front-line mental health professionals with the information and skills they need to use evidence-based treatments, including motivational enhancement, cognitive behavioral therapy, skills training, medication, and 12-step facilitation. Guiding the counselor step by step through treatment, author Robert R. Perkinson presents state-of-the-art tools, forms, and tests necessary for client success while meeting the highest standards demanded by accrediting bodies. The Fifth Edition of this landmark text has been updated to include coverage of current topics of concern for counselors, including full compliance with DSM-5, new coverage of steps 6 - 12 in 12-step facilitation, discussions on synthetic and designer drugs, new psychotherapeutic medications, new survey data on patterns of use and abuse, a list of online recovery support groups for clients, and a new section on Recommendations for a Successful First Year in Recovery.

Quitting Crystal Meth - Joseph Sharp 2013

"*Quitting Crystal Meth: What to Expect & What to Do* is divided along the five stages of meth recovery, Additional chapters look at "Crystal Meth Anonymous Meetings - What It's All About" and "What About Relapse?" Upbeat and positive, *Quitting Crystal Meth: What to Expect & What to Do* approaches the reader with respect and the disease of addiction with dignity." -- publisher website.

Crystal Clean - Kimberly Wollenburg 2012-12-01

"There are precious few things in this life of which I am certain. One is the love I have for my son, Andy... The other thing of which I am certain is this: no one wants to be an addict." - from the book. Here's what readers have to say: "Kim's writing style is clear, lucid, revealing, and on a par with the best of skilled non-fiction authors - Thor Heyerdahl, Thomas Thompson, even James Michener or my favorite, Jan de Hartog, and she is able to make the reader relive her addictions - all of them - to the point that I HAD to put the book down several times and "de-tox" myself, or at least breathe normally, before I could return to it. I've never felt so much inside the skin of someone who is going through the horror of addiction as when reading this biography." "Kim has cleansed her soul by once again facing the demons of her past, and I can only imagine how much strength it took for her to reopen her wounds and recount them one by one." "Crystal Clean is a book I couldn't put down about an amazing woman who was once completely immersed in the world of crystal meth. If you didn't know that she made it through the other side (because she is telling her own story), you might not believe she will come out of it alive. Kim lays out her life story, with memories that help show her state of mind as she started using different drugs and then meth. But it's not a "woe is me" story, and she doesn't dwell on the bad things that contributed to her mental state. It is ultimately a story about how a mother's love can overcome the terrible odds associated with this addiction." "This is a well-written, entertaining book. The author's style is light even when the subject is not. It would have been easy to simply write about the misery that must come with Meth addiction. Instead, the author gives insight into her background and motivations. You can't help but root for the author as she describes her descent into drug addiction "hell," even though she is responsible for all her choices." "Being a mom of a special needs son (only child) and struggling to be everything to that child, while barely hanging on yourself is such a familiar story to me." "While reading this book, it hit home so much I had to stop reading it for moments at a time. So real and writing was so descriptive, I had to separate her feelings from my own in some regard. Thank you for opening up to your readers and trusting us with your story. I picture you kind of like a female "Rocky" winning in the end.

Can't help but root for you and Andy!" "What an insightful and bravely written book. What Kim has shared is an amazingly helpful understanding to anyone who has been touched by the outreaching fingers of meth addiction and mental illness. And to those who haven't, a good reminder that not everyone or everything is as it may seem." "A beautiful memoir about one mom's struggle with her lot in life and how she chose to deal with it using illegal drugs. It's told in a brave, clear manner with no careful wording. I loved reading more about Andy and was absolutely rooting for Wollenburg through it all." "At first, you don't understand Kim. Then you love her." "Kim illustrates with graphic detail and genuine emotion the pain of addiction as well as the sometimes circuitous path to recovery. This book is extremely well written. I wish I lived next door to this courageous mother, daughter, and woman of worth." "CRYSTAL CLEAN: A mother's struggle with meth addiction and recovery is an honest and transparent look at the world of meth addiction and recovery. As a reader, I was swallowed up into this world of addiction, pain, anger, and fear. Many times I wanted out -- I wanted to skip to the end of the book and be assured that this young woman was going to be okay. I applaud the author for her obvious courage in sharing her story and exposing her pain and allowing herself to be so vulnerable. The author's writing is superb -- strong imagery and an authentic TIP 35: [Enhancing Motivation for Change in Substance Use Disorder Treatment \(Updated 2019\)](#) - U.S. Department of Health and Human Services 2019-11-19

Motivation is key to substance use behavior change. Counselors can support clients' movement toward positive changes in their substance use by identifying and enhancing motivation that already exists. Motivational approaches are based on the principles of person-centered counseling. Counselors' use of empathy, not authority and power, is key to enhancing clients' motivation to change. Clients are experts in their own recovery from SUDs. Counselors should engage them in collaborative partnerships. Ambivalence about change is normal. Resistance to change is an expression of ambivalence about change, not a client trait or characteristic. Confrontational approaches increase client resistance and discord in the counseling relationship. Motivational approaches explore ambivalence in a nonjudgmental and compassionate way.

Beyond Addiction Jeffrey Foote 2014-02-18

Leading innovators in progressive addiction treatment outline a science-based program for overcoming addiction-related problems, demonstrating how to effectively use positive reinforcement and motivational and behavioral strategies. (Self-Help)

Slaying the Dragon: The History of Addiction Treatment and Recovery in America - William L. White 2014-07-01

"This is the remarkable story of America's personal and institutional responses to alcoholism and other addictions. It is the story of mutual aid societies: the Washingtonians, the Blue Ribbon Reform Clubs, the Ollapod Club, the United Order of Ex-Boozers, the Jacoby Club, Alcoholics Anonymous and Women for Sobriety. It is a story of addiction treatment institutions from the inebriate asylums and Keeley Institutes to Hazelden and Parkside. It is the story of evolving treatment interventions that range from water cures and mandatory sterilization to aversion therapies and methadone maintenance. William White has provided a sweeping and engaging history of one of America's most enduring problems and the profession that was birthed to respond to it" -- BACK COVER.

Drugs, Brains, and Behavior - 2007

"*Drugs, Brains, and Behavior*" is an online textbook written by C. Robin Timmons and Leonard W. Hamilton. The book was previously published by Prentice Hall, Inc. in 1990 as "Principles of Behavioral Pharmacology." The authors attempt to develop an understanding of the interpenetration of brain, behavior and environment. They discuss the chemistry of behavior in both the literal sense of neurochemistry and the figurative sense of an analysis of the reactions with the environment. [Protecting Children In Substance-abusing Families](#) - Vickie Kropenske 1995-06

Designed for professionals in the fields of child welfare, mental health, health care, education, law, the faith community & substance abuse prevention & treatment. Intended to help identify the various forms of parental substance abuse. Includes a section addressing the identification of substance-abusing clients. Reviews the characteristics of substance-abusing parents. Glossary. Bibliography. Charts & tables. *Methamphetamine* - 1998

Lust, Men, and Meth David Michael Fawcett 2015-09-25

Fawcett provides a practical resource for recovery from methamphetamine and the restoration of healthy sex and intimacy. He outlines a path toward healing, describing the phases of physical, emotional, and sexual recovery and provides a broad range of supportive tools from managing triggers to mindfulness.

The Soft Addiction Solution - Judith Wright 2006-10-19

Have you ever wondered how you might carve more meaning and purpose out of your crowded days? The answer is simple: cut out the "soft addictions." As Judith Wright reveals in this revised and expanded edition of her classic self-help book *There Must Be More Than This*, many of us are addicted to seemingly harmless and socially sanctioned habits such as shopping, watching TV, and gossiping-robbing us of our time, clouding our clarity of mind, and masking our deeper longing for lasting joy. According to Wright, soft addictions are seductive because they satisfy powerful desires-and we easily become hooked because they are perceived as "normal" behavior, behavior that doesn't seem to demand the extraordinary measures of a drug or alcohol addiction. Yet soft addictions do call out for action and in this groundbreaking book, Judith Wright explains why they are so damaging and outlines an effective plan for overcoming these negative habits to discover more passion, love, commitment, and meaning in our lives.

Growing Up Drug Free- U S Department of Justice and U S Depa 2015-04-12

Parenting can be the most rewarding job on earth-and sometimes the toughest. You cradle your newborn the first time and promise, either silently or aloud, to provide the best life possible for him or her. The years quickly fly by-and suddenly, your youngster is about to enter school. If you're like most people, that is a scary day. How will little Sam react to being away from me? What will happen if Noah misbehaves? Will the teacher provide the attention that Riley needs in order to learn? As your child grows older and continues to achieve new milestones, your concerns grow, too. Can I trust Sara being home alone after school until I get home? What will Noah do if his friends offer him a cigarette? Will Riley's friends tempt her to try drugs? These types of worries are normal and show that you are a loving, attentive parent who wants what is best for your child. Reading this booklet also shows that you are concerned and that you want to help your child achieve a healthy, drug-free lifestyle from preschool through high school - a dozen or so critical years when attitudes about drug use are formed. Many school districts across the country have had to cut funding for alcohol and drug education programs, making it even more important that you are informed, consistent, and current when you communicate with your child about drugs and alcohol.

[The Definitive Guide to Addiction Interventions](#) - Louise Stanger 2018-09-17

Written for a broad audience of medical and behavioral healthcare professionals, *The Definitive Guide to Addiction Interventions: A*

Collective Strategy introduces clinicians to best practices in addiction interventions and bridges the gap between the theory and practice of successful intervention. Synthesizing decades of fieldwork, Louise Stanger explores the framework for successful invitations to change, what they look like in action, and how to adjust approach by population, and Lee Weber serves as editor. The authors summarize and compare intervention models in use today and explain the use of family mapping and individual portraiture as clinical tools. The text also teaches clinicians to troubleshoot common situations as they help move clients toward positive life decisions. Practical, ready-to-use clinical tools follow the text in downloadable worksheet form.

Breaking Dad- James Lubbock 2019-12

In December 2009 the national newspapers reported the arrest of a 'drug baron' with the biggest haul of crystal meth yet seen in this country. The accompanying photo was a mugshot of a scrawny, seedy looking bloke - the archetypal lowlife, a career crook, no doubt. And yet behind the headlines was a story the newspapers never discovered, a story more sensational than they could ever have wished for. This lowlife, this drug baron was in fact, just a few years before, a meek law-abiding suburban family man ... He was my dad. James was a normal student - insecure, smelly, geeky and a virgin to boot - at a normal university on his way home to his normal family at the end of a normal term. His father picked James up in his old Cortina - his middle class, middle-aged father, a respected Jewish coin dealer - and they travelled back to their suburban house in northwest London. Here, James's teetotal dad liked nothing more than to relax at the end of a long 9-5 by listening to some Taverner or Handel with a nice cup of Earl Grey, musing with delight on the highlight of his day: finding a great parking space near the entrance to Tesco. Never in his worst nightmares could James know that in the next few days not only would his parents separate; not only would they both reveal to him they were gay; not only would his fifty-something father ditch Taverner for Trance, Handel for Hard House and hit the gay club scene of London harder than James had ever hit the student union bar in Bournemouth; not only would his father trade in coin dealing for drug dealing to a catalogue of A list celebrities in his new London flat, which was transformed to a hangout for addicts of sex and drugs alike; not only would James lose his mother to cancer in the ensuing months; not only would his father develop a debilitating addiction to crystal meth; but James's dad would eventually be arrested with that biggest haul of crystal meth in UK history.

Secrets That Show You How to Quit Drugs Shelby 2013-10-25

People who struggle in breaking their addiction will find these things in common: * They don't know the background info. * They have no idea if treatment works. * They are struggling with facts about rehab. * They also don't understand how hypnosis may help. * Many more problems untold...

Crystal Clear - 2011